



Join Us
Annual Conference
**BEYOND VICTIMIZATION:
HEALING FROM TRAUMA**



Tuesday, March 25th and Wednesday, March 26th, 2014

Blockade Runner Beach Resort
275 Waynick Boulevard
Wrightsville Beach, NC 28480

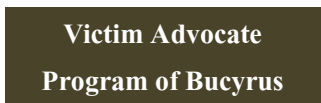
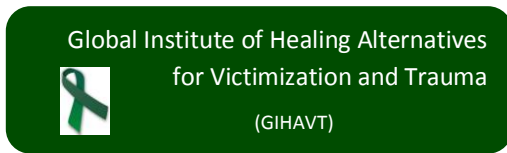


Survivors of victimization and trauma have experienced life-altering situations that have challenged their psychological and emotional balance. The need to heal becomes an inevitable process and an essential component to their overall health and well-being so they may move forward in a positive and beneficial manner from ‘survivor’ to ‘thrivers.’ Join us in Wrightsville Beach, North Carolina on Tuesday, March 25th and Wednesday, March 26th for the annual conference, **“Beyond Victimization: Healing from Trauma.”** This conference focuses on the healing journey and alternative therapies and recovery methods in which survivors of domestic and family violence, sexual assault, stalking and harassment, intimate partner violence and abuse, substance addiction, and childhood sexual abuse and neglect, can utilize after experiencing such life-altering situations. Also included are practices on how to assist family members and loved ones who have been affected as in-direct survivors as well as testimonials from survivors who have achieved their healing journey following their own experiences with victimization and trauma.

Peer networking opportunities to strengthen connections and cross-collaborative efforts will be available as well as opportunities to learn why alternative and complementary practices are also highly beneficial to advocates in enhancing overall health and positive well-being and how they can be used to prevent professional burnout and compassion fatigue. Break stations will include green and herbal tea tastings in addition to the standard beverages as well as healthy snacks and tasty treats. Included as part of the conference package are optional Guided Meditation, Yoga, and Self-Defense classes at the end of the first conference day for attendees to regroup and rejuvenate.

This conference welcomes professionals from an array of inter-related fields including mental health, social and human services, victim, adolescent, and child advocacy, crisis intervention, substance abuse and addiction, criminal justice and law enforcement, clergy, and legal services as well as health and holistic practitioners. Undergraduate and graduate students in related academic programs are welcome along with interested professionals from non-related fields.

Co-Presented by



Two-Day Conference Agenda - Day One: Tuesday, March 25th

Breakfast Buffet: The complimentary breakfast buffet is available beginning at 7 AM in the East Oceanfront Dining area **for overnight attendees only**. Small charge for non-overnight conference attendees.

7:45-8 AM Sign-in and receive conference material. Location will be in the lobby outside of conference rooms. Conference representatives will be available to assist you.

8-9 AM Introduction of Resource Tool: The Healing Journey and Alternative Therapies for Survivors of Victimization and Trauma

Speaker: Patricia Hogenes, MS CJA, Founder, Global Institute of Healing Alternatives for Victimization and Trauma (GIHAVI) *formerly the National Institute of Domestic Violence Awareness & Prevention (NIDVAP)*

9-10 AM Welcome Address: Transitioning Emotional Grief into Emotional Balance for Survivors of Victimization and Trauma

Grief, a natural and normal response to the loss of someone we know and love, can also be experienced from a variety of other situations. Amy Cousins, an Interfaith Minister and Certified Grief Specialist, speaks about how the experience of victimization and trauma can result in a significant emotional loss that often creates an imbalance in one's ability to feel true happiness, fulfillment and joy in the aftermath of trying circumstances. Amy addresses how, and why, recovery from such grief is possible when one allows themselves to come to emotional completeness and shares how to take conscious action to resolve what is still lingering to create a safe and sacred space for one's personal healing journey to unfold. **Speaker:** Reverend Amy Cousins, D.C. Ed, Interfaith Minister and Certified Grief Specialist, Center for Grief Recovery

10-10:10 AM Break

Code for Office Use Only

10:15-11:30 AM LECTURES TO SELECT FROM:

LECTURE CODE

Interaction and Intervention Techniques

1A

when Responding to the Mentally Ill and Emotionally Disturbed

The Emotionally Disturbed Persons Response Team (EDPRT), created by the Rochester Police Department, was developed to improve response to individuals in the community who come to the attention of law enforcement and are experiencing a psychiatric emergency or increased emotional distress. In this lecture, Sergeant Steve Boily, Commander of the EDPRT, provides an overview into how this program assists in providing effective, safe, and respectful interaction between law enforcement/first responders and individuals who are mentally ill or are emotionally disturbed, methods on recognizing the symptoms of mental illness, and intervention techniques in responding to individuals experiencing a psychiatric emergency or increased emotional distress. Sergeant Steve Boily will also share personal examples after having witnessed, and dealt with, the mental health challenges, alcohol addiction, suicide attempts, and the failing of physical health of his now ex-wife when repressed memories of the childhood sexual abuse she experienced began to surface during their marriage. **Speaker:** Sergeant Steve Boily, Rochester Police Department, Commander, Emotionally Disturbed Persons Response Team (EDPRT), Commander, Domestic Violence Response Team (DART), Co-Commander, Hostage Negotiation Team

The Use of Pranic Healing for Survivors of Victimization and Trauma

2A

Pranic Healing is a highly evolved and tested system of energy medicine. This no-touch alternative therapy is based on the fundamental principles that the body is a self-repairing living entity that possesses the ability to heal itself. This lecture focuses on the history, use, and benefits of Pranic Healing and its effectiveness in achieving psychological, physical, and emotional well-being after experiencing life-altering situations. Demonstrations on how clients receive this natural and simple healing energy practice are also included. **Speaker:** Brenda Espinosa, Ph.D., Life and Spiritual Coach, Divine Intervention

11:30-12:30 PM Luncheon (included) Luncheon will be provided to all attendees. Location to be announced at conference.

12:30-1:45 PM LECTURES TO SELECT FROM:

LECTURE CODE

Violence Prevention, Reduction, and Self-Defense Training

1B

In accordance with Rape Aggression Defense (RAD), a program taught at numerous colleges and universities across the country, this teaching consists of realistic defense tactics and techniques with additional instruction on awareness, prevention, risk reduction and avoidance. Incorporating a variety of techniques and strategies in safety measures for one's protection, this lecture covers violence prevention (showing how to protect oneself, your property, and environment), reduction (how to take steps to minimize the risk of being victimized), and self-defense (when in a situation one needs to fight their way out of). Please note: This is not a martial arts teaching. **Speaker:** Police Officer Bonnie Hanna, Binghamton University and Rape Aggression Defense (RAD) instructor.

Surviving Victimization and Trauma: A Behind the Scenes Look into a Survivor's Healing Journey

2B

Survivors of victimization will eventually need to heal from the trauma they've experienced. Maggie Maloy shares the triumphs and challenges of her healing journey from a sexual assault and attempted homicide during adolescence and shares her private experiences about what has, and does, occur 'behind the scenes' that most people do not see, or are aware of, during one's attempt to move forward and heal from trauma. Maggie will also touch upon her Sexual Assault Nurse Examiner (SANE) experience from a victim perspective and offer suggestions on how to provide survivors the necessary 'psychological' comfort while having to endure such a sensitive procedure. **Speaker:** Maggie Maloy, Trauma Survivor and Crime Victim Advocate

1:45-1:55 PM Break

2-3:15 PM **LECTURES TO SELECT FROM:** **LECTURE CODE**

A Parent's Journey as an In-Direct Survivor in Dealing with a Child's Aftermath of Sexual Abuse **1C**

Providing the appropriate and loving parental support that is needed when your child discloses they have been sexually abused is critical to a victim's adjustment afterward. Dana Davis, a social worker who has dealt with numerous cases of child sexual abuse over the years, never imagined that one day she would have to face the personal challenges of her own daughter's experience from being sexually abused. Dana discusses how she instinctively noticed, from a mother's intuition, the physical, psychological, and emotional changes she saw in her daughter went far beyond the normal and anticipated stages of adolescent development. Included is the manner in which Dana approached this delicate and sensitive situation, the steps she took to care for her daughter during such a vulnerable process as well as the structured methods she utilized when dealing with the constant challenges that arose during aftercare. Dana also discusses the ways she guided family members through such trying circumstances and touches upon her own healing journey and how her fierce determination, faith, and optimism played a key role in helping her triumph and persevere through this life changing ordeal. **Speaker:** Dana Davis, BSW, Polk County Department of Social Services

The Use of Guided Meditation for Survivors of Victimization and Trauma **2C**

Guided Meditation is 'meditation provided by a guide' and helps to direct one's thoughts toward a relaxed and focused state in times of stress and anxiety. This lecture presents the practice of Guided Meditation and how, and why, this alternative therapy helps survivors of victimization and trauma promote self-wellness and relaxation, manifest change, improve attitude, and to feel more in control of their feelings and emotions. **Speaker:** Brenda Espinosa, Ph.D., Spiritual and Life Coach, Divine Intervention

3:15-3:25 PM Break

3:30-4:30 PM **HOLISTIC-BASED HEALTH CLASSES**

Provided are relaxing and enjoyable holistic-based health classes following the lectures on Tuesday, March 25th to give participants the opportunity to rejuvenate and regroup. Enrollment for all classes is based upon the order in which registrations are received. Classes are limited to 25 participants. **Please Note:** Comfortable clothing for movement is needed for the Yoga and Self-Defense classes, not Guided Imagery/Meditation.

- Hatha Yoga **1D**

This introductory class will include basic poses, relaxation techniques, slow-paced stretching with simple breathing exercises and light meditation.

- Self Defense Strategies **2D**

This hands-on and active self-defense instruction class covers the basics in practicing safety methods and strategies. This class is gender neutral and will give the participants the opportunity to utilize defensive concepts and techniques against various types of assault.

- Guided Meditation **3D**

This introductory class will include a guided meditation session that focuses on bringing relaxation and balance to the mind, body, and spirit.

Evening: Participants on own. For dinner suggestions, seating is available at the in-house East Oceanfront Dining restaurant. Call **#1-910-256-2251** for reservations. You may also venture out into town to dine at one of the local establishments. Please see attendant at the front desk of the Blockade Resort for recommendations.

Day Two: Wednesday, March 26th

8-8:45 AM **OPENING ADDRESS:** **Stalking: A Young Woman's Survival Story and Healing Journey**

Stefania Ianno was a young woman living a happy and productive life. She was attending an area university completing her graduate studies in Marriage and Family Therapy, had a wide-circle of friends, a close family, and a social life she enjoyed by attending campus events and community gatherings. Yet, one day Stefania's safety 'net' completely disappeared as she was informed by an acquaintance that a 'friend' of hers had been secretly stalking her, going so far as to place a GPS tracking device on her vehicle to track her outings and whereabouts. Stefania further learned this 'friend,' a Ph.D. student at a world renowned university, was wishing her boyfriend at the time great physical harm, was talking about purchasing guns with a silencer, and even played a song dedicated to her on the campus radio station, 'Light of a Fading Star.' In this opening address, Stefania shares her story of why, and how, being a victim of stalking made her a prisoner of her own life and shares the healing alternatives and therapies she utilized to restore peace to what had become an unstable environment and an unsettling time in her life. **Speaker:** Stefania Ianno, Stalking Survivor and Victim Advocate

8:45-8:55 AM **Break**

9-10:15 AM

LECTURES TO SELECT FROM:

LECTURE CODE

Eating Healthy, Not Emotionally: Nutritional Wellness for Survivors of Victimization and Trauma

1E

Survivors of victimization and trauma may turn to food as an outlet to 'eat away' their experience. Many may make poor choices in what they purchase with many of the products doing little to maintain positive physical, psychological, and emotional overall health and well-being. This lecture presents information on nutritional wellness, how to understand cravings, what clean foods are for nourishment, and a health foods store tour on products that aid greatly towards eating healthy and living well. **Speaker:** Nicole Rochat, LMSW, Certified Holistic Health Counselor

Healing the Inner Wounds: The Rosen Method for Survivors of Victimization and Trauma

2E

Many survivors of victimization and trauma have difficulty overcoming their painful past because memories, sensations and emotions are embedded in their bodies, often below the level of consciousness. Rosen Method Bodywork (RMB) allows these people to experience a safe place with supportive connection that brings their nervous systems to move from the sympathetic "fight or flight" mode to the parasympathetic "rest, relax and heal" mode. Past experiences are accessed in deep connection to another person who can help regulate their effects, changing even the way these memories are stored in the brain and body. Since physical, emotional, and spiritual pain are inseparable, Rosen Method Bodywork addresses them all at once. This lecture will introduce you to the principles of RMB, provide examples of case studies, and offer an experiential exercise on the type of touch and verbal interaction used with clients. Marion Rosen, the founder, called it transformational work that moves people from who they think they are to who they really are. **Speaker:** Anais Salibian, Certified Practitioner, Teacher and Trainer

10:15-10:25 AM Break

10:30-11:45 AM

LECTURES TO SELECT FROM:

LECTURE CODE

Getting to the Core Issues When Treating Addiction(s) in Survivors of Victimization and Trauma

1F

Individuals with an addiction may not fully realize that their dependence on harmful substances may stem from past experiences with victimization and trauma. When trauma is the underlying issue, there are some individuals who will remember the events but keep them at bay and treat the recollections by abusing substances. Others may have suppressed memories and will find it more difficult to address what they have yet to admit; thus, continuing with their addiction in order to cope with daily life. This lecture presents methods on improving addiction recovery outcomes, how to get to the core of the underlying issues that are feeding the addiction, and asking the right questions to help clients deal with and face the trauma that lingers in the 'background.' **Speaker:** Tom Porpiglia, LMHC, MS, DCEP, EFT-ADV, Life Script Counseling Services

Working with Youths Experiencing Emotional Grief and Loss from Victimization and Trauma

2F

Emotional grief is a natural and normal response to the loss of someone we know and love, yet, can also be experienced by survivors of victimization and trauma. This lecture discusses how challenging and life-altering experiences in children and adolescents can result in a significant emotional loss creating an imbalance in one's ability to mature and develop in a productive manner. Also provided are proven various treatment techniques for trauma grief counseling for children and adolescents and information on how, and why, recovery from such grief is possible. Discussion will also include how an adult's experience with grief and loss differs significantly to those of a child or adolescent and how these experiences often become determinants to our grief counseling with them. **Speaker:** Brenda Barkley, LMSW, Director of NASW-New York State Genesee Valley Division

11:45-12:45 AM Lunch (on own)

1-2:15 PM

LECTURES TO SELECT FROM:

LECTURE CODE

The Use of Herbal Medicine for Healing

1G

Herbal medicine, also called botanical medicine, can be used to help alleviate emotional imbalances as well as physical ailments. This is especially helpful to survivors of victimization and trauma after experiencing a life-altering situation. With the goal of not always having to depend on a western medicine prescription that may come with negative side effects, this lecture presents information on the origins of herbal medicine, forms they come in, and the specific types that can help alleviate stress, anxiety, and depression as well as physical ailments. **Speaker:** Nicole Rochat, LMSW, Certified Holistic Health Counselor

Writing to Heal: Using Journaling, Poetry, and Storytelling when Working with Trauma Survivors

2G

One of the best tools for survivors of trauma and victimization to use during their healing journey is writing. For the past several years, journaling, poetry, and storytelling have been a part of research studies that have shown the physical, emotional, and psychological benefits of expressive writing. This lecture provides an introduction to different writing prompts, how writing a narrative of one's trauma can change the way the memory of it is encoded in the brain, and how writing provides healing insight. You'll learn which writing tools are appropriate for different situations so that survivors don't get overwhelmed. Through writing, survivors can enhance their well-being in the midst of stressful situations and move beyond coping into flourishing. Writing exercises will be included. **Speaker:** Anais Salibian, Certified Practitioner, Teacher and Trainer

2:15-2:25 PM Break

2:30-3 PM

Closing Discussion & Audience Comments

3 PM

Conference Concludes

Additional Information

Conference Co-Presenters

Awareness Heals www.awareness-heals.com

Binghamton University www.binghamton.edu

Center for Grief Recovery

Divine Intervention

Global Institute of Healing Alternatives for Victimization and Trauma www.gi-havt.org (formerly National Institute of DV Awareness & Prevention - NIDVAP)

Herbal Medicine and Nutritional Wellness Center www.nicole-rochat.com

Inner Journey Arts www.innerjourneyarts.com

Life Script Counseling Services www.lifescryptcounseling.com

NASW-New York State www.naswnys.org

Rochester Police Department www.cityofrochester.gov/police

Victim Advocate Program of Bucyrus www.cityofbucyrusoh.us

TAKE ADVANTAGE of the Scholarship Award Funds (SAF)

Available towards a *portion* of the registration fee for qualifying agencies. For more information, please see Scholarship Award form on page 8. Questions? Call (585) 545-9270 or email GIHAVT at gihavt@rochester.rr.com.

Individual

Early Bird Discount \$260

After March 5th \$280

Qualify for SAF \$220

2 or more (participants do not need to be from same agency)

Early Bird Discount \$240

After March 5th \$260

Qualify for SAF \$200

Student Discount

\$160

Conference Fees: Includes luncheon on day one of conference, beverages & snacks for both days, and conference material.

Payment

Payments will be accepted by **Check** (payable to GIHAVT). **Credit card payments can be made by calling GIHAVT at (585) 545-9270.** Payment must be received before the conference date unless arrangements have been arranged and approved by GIHAVT. For example, GIHAVT will honor the policies of agencies and county departments that require payments to be sent after participants have attended conferences. Should you have questions regarding payment or registration procedure, please contact GIHAVT at (585) 545-9270 or by email at gihavt@rochester.rr.com.

Pre-Registration Required

Pre-registration for this conference is required. **Final deadline for all registrations is Tuesday, March 18th, 2014.**

Registration for Lectures

Please indicate preference when completing registration form. Use **1** for your first choice and **2** for second choice. We reserve the right to assign participants to second choice if first choice lectures are filled to capacity. If multiple professionals are attending from one agency, please complete a registration form for each participant. Please see registration form on page 7 for more details.

Professional Development Clock Hours for this conference: 10.45

Certificate of Completion (COC)

The Certificate of Completion (COC) is a professional document available to participants who are required to show proof of attendance and/or use for submission to obtain professional development clock hours and/or continuing education credits, if applicable. Please mark designated area on registration form if COC is needed.

Registration Form and Payment Submission

- **Mail** Send registration form(s) along with payment to **GIHAVT 172 Maple Avenue, Victor, NY 14564**

- **Fax** Send the registration form(s) to # **(585) 625-0334**. As stated on the registration form, payment may be mailed separately by check. Please mark registration form appropriately.

Confirmation Receipt

Confirmation receipt will come by email. Please remember to check your spam mail. Do not make travel arrangements or hotel accommodations until your registration is confirmed. **Please print clearly your email address on the registration form.**

Additional Information

Check-In for Conference

Sign-in and receive material on **Tuesday, March 25th, 2014** from **7:45-8 AM** in the lobby outside of the conference rooms. Conference representatives will be available to assist you.

Holistic Health Classes – Hatha Yoga, Self-Defense, and Guided Meditation

The holistic-based health classes are limited to 25 attendees each. These classes are a first-come, first-served basis. Attendance will be determined by the order in which registrations are received. Please bring a change of comfortable clothes for the Yoga and Self-Defense classes. The Guided Imagery/Meditation class does not require a change of clothing.

Casual Dress Code

As this conference is being held at a beach resort, appropriate casual dress is accepted to the lectures and luncheon.

Networking Opportunities

There will be time to network and socialize with colleagues throughout the conference days and during the luncheon.

About Speakers

Please see page 9 of this flyer.

Hotel Accommodations

There are a limited number of blocked rooms for conference attendees. Please reserve rooms promptly to receive the discount by February 28th. The discounted Harbor Front room rate is **\$99 + tax** per night with an additional \$25 if over two attendees per room. Rooms are reserved under GIHAVT. To make your reservation, please call the Blockade Runner Beach Resort at **#1-910-256-2251**. Check-in for a reserved hotel room is available beginning at **3 PM** on **Monday, March 24th**. Check-out time from the hotel on **Wednesday, March 26th** by **11 AM**.

Driving Directions, please use the following address:

Blockade Runner Beach Resort
275 Waynick Boulevard
Wrightsville Beach, NC 28480
1-910-256-2251

Airport Shuttle Service: The Blockade Runner Resort offers complimentary shuttle service to and from Wilmington International Airport. **Please Note:** To arrange for shuttle service, please call the Blockade at **#1-910-256-2251** at least 3 days prior with your incoming flight information. Should you need shuttle service from the resort to the airport, please notify the Blockade during your stay.

Cancellation and Refund Policy

Cancellation requests made before January 31st will receive a full refund. Cancellations made between February 1st and March 6th will be refunded minus \$75 for the administrative fee. Refunds will not be made for cancellations after March 7th or for participants who are registered, but do not attend. All refunds will be mailed after the conclusion of the conference.

Conference Changes and/or Additions

GIHAVT reserves the right to make modifications to the conference agenda, lectures, and speakers, if necessary. Notification of any changes will be sent to registered participants.

Questions? Contact:

GIHAVT

By Phone: **(585) 545-9270**

By Email: gihavt@rochester.rr.com

Registration Form for March 2014 Conference

****** Deadline for all registrations: Tuesday, March 18th, 2014**

Please print. Make a copy for your records before mailing registration form(s). **Note:** Lectures may have been abbreviated for typing space.

Name: _____ Agency: _____

Agency Address: _____ City: _____ State: _____ Zip Code: _____

Position: _____ Contact #: _____ Email: _____

Please indicate preference level of lectures when completing form. Use 1 for your first choice and 2 for second choice. We reserve the right to assign participants to second choices when first choice lectures are filled to capacity. Please complete a registration form for each attendee.

Tuesday, March 25th

7 AM Breakfast Buffet: The complimentary breakfast buffet is available in the Blockade's East Oceanfront Dining area **for overnight attendees only.**

Opening:

8-9 AM Introduction of Resource Tool: The Healing Journey and Alternative Therapies

9-10 AM Welcome Address: Transitioning Emotional Grief into Emotional Balance

10:15-11:30 AM Lectures

____ Interaction and Intervention Techniques when Responding to the Mentally Ill

____ The Use of Pranic Healing for Survivors of Victimization and Trauma

11:30-12:30 PM Luncheon provided (On-Site Location TBA)

12:30-1:45 PM Lectures

____ Violence Prevention, Reduction, and Self-Defense Training

____ Surviving Victimization and Trauma: Behind the Scenes of a Survivor's Healing

2-3:15 PM Lectures

____ A Parent's Journey as an In-Direct Survivor of a Child's Aftermath of Sexual Abuse

____ The Use of Guided Meditation for Survivors of Victimization and Trauma

3:30-4:30 PM Holistic Health Class (Optional)

____ Hatha Yoga ____ Self-Defense ____ Guided Meditation

Evening: Attendees on own.

Wednesday, March 26th

7 AM Breakfast Buffet: The complimentary breakfast buffet is available in the Blockade's East Oceanfront Dining area **for overnight attendees only.**

Opening:

8-8:45 AM Stalking: A Young Woman's Survival Story & Healing Journey

9-10:15 AM Lectures

____ Eating Healthy, Not Emotionally: Nutritional Wellness

____ Healing the Inner Wounds: The Rosen Method

10:30 -11:45 AM Lectures

____ Getting to the Core when Treating Addiction in Survivors

____ Working with Youths Experiencing Emotional Grief

11:45-12:45 PM Lunch (on own)

1-2:15 PM Lectures

____ The Use of Herbal Medicine for Healing

____ Writing to Heal: Using Journaling, Poetry, & Storytelling

2:30-3 PM Closing Discussion with Attendees

3 PM Conference Concludes

Please mark an **X** next to *all* the appropriate selections: Payment includes luncheon (first day), beverages & snacks, both days, and conference material.

***** Scholarship Award Funds (SAF) available to qualifying agencies. See SAF form, page 8 of this flyer. Please read carefully.**

Individual Payment:

____ Early Bird \$260

____ After March 5th \$280

____ Qualify for SAF \$220

Groups of 2 or more (do not need to be from same agency)

____ Early Bird Discount \$240 p.p. ____ # attending

____ After March 5th \$260 p.p. ____ # attending

____ Qualify for SAF \$200 p.p. ____ # attending

Student Discount

____ \$160

Name of College: _____

Program of Study: _____

Please Circle: Undergraduate or Graduate

Mark below: Please make checks payable to GIHAVT

____ Mailing Check and Registration Form(s)

____ Faxing Registration Form(s) and Mailing Check

____ **Sending Purchase Order:** I (we) are submitting a purchase order along with registration form(s). An invoice from GIHAVT will be sent to the agency in which I (we) work for payment. We understand that payment must be received *before* attending the conference unless other arrangements have been made with and approved by GIHAVT.

CERTIFICATE OF COMPLETION (COC): ____ I will need a Certificate of Completion (COC) for verification that I have attended.

MAILING ADDRESS: GIHAVT 172 Maple Avenue Victor, NY 14564 **FAX #:** (585) 625-0334

Office use only: ____ Payment Received by Check ____ Email Confirmation Sent ____ Attendee On List

GLOBAL INSTITUTE OF HEALING ALTERNATIVES FOR VICTIMIZATION AND TRAUMA



172 Maple Avenue
Victor, New York 14564

Office: (585) 545-9270

Email: gihavt@rochester.rr.com

Fax: (585) 625-0334

Site: www.gi-havt.org

Scholarship Award Funds (SAF) Application for March 25th and 26th, 2014 Conference "Beyond Victimization: Healing from Trauma"

Scholarship Award Funds (SAF) Overview

The Global Institute of Healing Alternatives for Victimization and Trauma GIHAVT (*formerly the National Institute of Domestic Violence Awareness & Prevention NIDVAP*) offers some level of financial assistance to qualifying agencies that are interested in attending seminars, workshops, luncheons, and conferences offered by the organization and its participating agencies.

Scholarship Award Funds (SAF) Reduced Payment Information

The following level of scholarship funds will be applied to a *portion* of the conference fee to qualifying agencies for the March 25th and 26th, 2014 - 2nd Annual Conference, "Beyond Victimization: Healing from Trauma." Final scholarship amounts are determined by the full Standard Fee as listed on the Registration Form, not by the Early Bird Discount:

Individual:

Standard Registration Fee per Attendee: \$280

Scholarship Application by GIHAVT: \$60

Final Registration Fee to be paid by Attendee: \$220

2 or More Attending:

Standard Registration Fee per Attendee: \$260

Scholarship Application by GIHAVT: \$60

Final Registration Fee to be paid by Attendee(s): \$200

Scholarship Requirements and Guidelines:

- Automatic Qualification for the following:** Be a service provider from an inter-related field to adults, adolescents, and children who have experienced diverse forms of victimization and varied levels of trauma. May also include in-direct survivor work with family members & loved ones.
- Scholarship Award Funds (SAF):** Applied to conference registration fees only, not to lodging, non-included meals, or transportation.
- For 2 or More Attending:** Participants do not need to be from the same agency to receive reduced rate, yet, SAF requirements must be met. Each agency must complete this form unless Automatic Qualification applies.

Completing Form:

Agency Meets Automatic Qualification: No need to complete the below form. Simply send in completed Registration Form(s) for each participant with payment.

Agency Needs Approval for SAF: If your agency does meet automatic qualification, complete the information below and **FAX** the form to #1-585-625-0334. Please note on cover sheet: Attention GIHAVT. Approval will come within 1-2 business days.

Questions: Contact **GIHAVT** at (585) 545-9270 or by email: gihavt@rochester.rr.com

Scholarship Form:

1 Participant Name: _____ Position: _____

#2 Participant Name: (if applicable) _____ Position: _____

#3 Participant Name: (if applicable) _____ Position: _____

Agency Name(s): _____ Type of Services: _____

Address: _____ City: _____ State: _____ Zip code: _____

Contact Person: _____ Contact Number: _____ Email: _____

About the Speakers

Brenda Barkley, LMSW, National Association of Social Workers for Genesee Valley Division NYS

Brenda Barkley, LMSW, specializes in the healing of emotional grief in children and adolescents who have experienced victimization and trauma as well as in the bereavement process for those who have lost a loved one. Previously, Brenda had been a facilitator with adult cancer survivors at Gilda's Club in Rochester, NY and an adult facilitator for parents of kids dealing with this life-challenging illness. She has served as Director on the Kids Adjusting through Support (KATS) program board and as the adolescent facilitator of groups who had a parent with a life-threatening diagnosis. Previous service also includes Crisis Counselor for Life Line, Emergency Social Worker for the Salvation Army, and Early Childhood Educator. Brenda presently serves as the Genesee Valley Director of the National Association of Social Workers, a six county division in New York State. Brenda obtained her undergraduate degree from SUNY Brockport and earned her Master's in Social Work from Syracuse University majoring in Family Mental Health.

Sergeant Steve R. Boily, Rochester Police Department

Sergeant Steve Boily has been in law enforcement for over 17 years serving within the special investigation units of the West Division of Maple, Clinton, and Lake areas with the Rochester Police Department. Sergeant Boily has served as the Crime Prevention Officer as well as an instructor for domestic violence to promote supervisors and new recruits. In addition, Sergeant Boily is the Team Commander to both the RPDs Emotionally Disturbed Persons Response Team (EDPRT) dealing with people in crisis attempting suicide and the Domestic Abuse Response Team (DART), a group of specially trained officers dealing with domestic offenders and perpetrators as well as the Co-Commander to the Hostage Negotiation Team. Sergeant Boily is a graduate of the State University of New York College at Geneseo with a B.A. in Political Science.

Reverend Amy Cousins, Interfaith Minister, Certified Grief Recovery Specialist, D.C. Ed., Center for Grief Recovery

As an Interfaith Minister in private practice, Amy Cousins works with individuals and couples from diverse faith and non-faith backgrounds, who are in need of healing from past losses, regrets, and difficult life experiences as well as with those seeking to move beyond existing limitations and forward into lives that include joy and fulfillment. Amy's interfaith mission is to enhance sacred space for one's healing to come to a reality so they may continue peacefully on their spiritual path. Included in the network of AmeriCorps Alumni, a network of national service programs, and Certified as a Grief Recovery Specialist, Amy first began her work as an Options Counselor for women experiencing crisis pregnancies as well as in Child Abuse Prevention with emphasis on parent support and education. Amy volunteers her time to minister to congregations and community members looking to heal from personal grief and loss and is currently training to assist with the "Alternatives to Violence Program" (AVP) group. AVP is an international program designated to work with prison populations to facilitate new behaviors and actions with focus on fostering peace instead of violence.

Dana Davis, BSW, Polk County Department of Social

Dana, a social worker, has dealt with numerous cases of child abuse over the years, yet, never imagined that one day she would have to face the personal challenges of her daughter's experience with being sexually abused at a young age. Dana presents how she approached this delicate situation, the steps she took to care for her daughter, and the structured methods she utilized when dealing with the constant challenges that arose.

Brenda Espinosa, Ph.D. Divine Intervention

Dr. Brenda Espinosa is a Certified Pastoral Counselor and a Spiritual and Life Coach in private practice. Her advocacy includes working with survivors of domestic violence and childhood sexual abuse and neglect, sexual assault victims as well as with victims of human trafficking. Brenda serves as an interpreter and advocate for Spanish speaking victims and works closely with many ethnic cultures including those from the Latino, Afro-Caribbean, and African-American communities. In addition, Brenda worked with The Human Advocacy Group in Florida, under the United States Homeland Security Ombudsman, to help organize a sting Operational Tactical Team to apprehend those responsible for violating statutes regarding immigration and human trafficking laws. Brenda holds a Ph.D. in Philosophy of Religion with special concentration in Latin American Cultures and African Studies.

Officer Bonnie Hanna, Binghamton University Police and Rape Aggression Defense (RAD) Instructor

Bonnie is a police officer at Binghamton University and has been a Rape Aggression Defense instructor for more than 12 years. She volunteers at the Broome County Crime Victims Assistance Center as a member of the SART Community Education Team and is an After Crisis de-briefer for persons involved in crisis situations.

Patricia B. Hogenes, MS CJA, Global Institute of Healing Alternatives for Victimization and Trauma (GIHAVT)

Patricia B. Hogenes is the Founding Executive Director of the Global Institute of Healing Alternatives for Victimization and Trauma (GIHAVT), formerly the National Institute of Domestic Violence Awareness & Prevention (NIDVAP). GIHAVT's conference and seminar trainings, community luncheons, agency fundraisers, and college campus events focus on strengthening cross-collaborative efforts and the sharing of knowledge in healing and recovery methods for those who have experienced victimization and trauma.

In previous years, Patricia founded the Rochester Health and Wellness Network (RHWN), an organization that concentrated on holistic healthcare modalities and their uses in restoring balance to the injured Mind (Psychological), Body (Physical), and Spirit (Emotional) and developed community health and wellness fairs with licensed practitioners to introduce the modalities through lectures, demonstrations, and displayed exhibits. Under the RHWN umbrella, Patricia created the Rochester Health Journal, Inc. (RHJ), a regional publication that provided articles contributed by licensed holistic practitioners as well as from medical professionals to help bridge the gap between eastern and western medicine and to bring awareness to the benefits of holistic healthcare modalities. Patricia holds a Master of Science in Criminal Justice Administration and a Bachelor's in Sociology as well as an Associate's in Medical Assistance. She is the author of, "Domestic Violence: Survivors of Violence and Abuse Share Their Stories of How They Got Out and Stayed Out - Forever" (Trust Publishing, 2008).

Stefania Ianno

Stefania Ianno, a survivor of stalking, participates in advocating for victims of similar experiences. She has presented at the University of Rochester freshman orientation on topics related to internet and social media privacy and is working on presenting to students at other colleges in the near future. Stefania has a Bachelor's degree in Psychology and is pursuing the completion of her Master's degree in Marriage and Family Therapy.

Maggie Maloy, Trauma Survivor and Crime Victim Advocate

Maggie Maloy is a survivor of a sexual assault, strangulation, and attempted vicious homicide attack that occurred in her teen years in 1994 while returning from an early morning run with her school's cross-country team. In addition, Maggie faced additional challenges in her junior year at Defiance College in 2000 when she was in a car accident that shattered her pelvis, threatening her ability to walk. Recognizing and honoring her challenges, the NCAA awarded Maggie with the prestigious Inspiration Award in 2002 created to honor athletes who overcame life-changing events and who went on to become role models to others who may, or have, experienced similar situations. Maggie is a Victim Advocate in the city of Bucyrus, Ohio and devotes her time to assisting victims of domestic violence. In addition, Maggie, along with other abduction survivors including Elizabeth Smart, was recruited by the Department of Justice, Washington D.C. in 2007 to co-author a survival guide, geared toward teenagers who have also been kidnapped and rescued, to comfort and aide young abduction survivors in the hurdles they may face upon coming home to family and friends. Maggie is the author of the upcoming book, *My Best Foot Forward: Rising From the Ashes of Adversity* (Trust Publishing/GIHAVT). Maggie earned a Bachelor's degree in Communications from Defiance College.

Tom Porpiglia, M.S., LMHC, DCEP, EFT-ADV

Life Script Counseling Services

Tom is a member of the NYS Mental Health Counselors Association, The Veterans Business Council, Stand-Up Guys, and the Association for Comprehensive Energy Psychology. He is a former co-facilitator of the former Men's Educational Non-Violence and Safety program in Rochester, NY, and a Founding member and Volunteer Research Coach for the Veteran's Stress Project, a nationwide research program documenting the outcomes of using EFT on PTSD. Tom has been in private practice for over 15 years using energy psychology techniques for over 14 years with great success. Tom's areas of expertise include sexual assault, trauma/PTSD, addictions, behavioral challenges, and depression.

Nicole Rochat, LMSW, Certified Holistic Health Counselor

Nicole Rochat is a Licensed Masters Social Worker. She has worked for the past 9 years in the New York City area with the Office of the Appellate Defender as the Director of Social Work and Re-Entry Program. She is a certified Holistic Health Coach by the American Association of Drugless Practitioners and has completed her study with the Institute for Integrative Nutrition. She is currently enrolled in an apprenticeship in herbal medicine and has extensive training and practice in psychotherapy.

Anais Salibian, Certified Rosen Method Practitioner

Rosen Method Open Center

A child of Armenian genocide survivors, Anais became certified as a Rosen Method Bodywork and Movement practitioner in 1996 and four years later became an Introductory Workshop Teacher. She is currently on staff at the Rosen Method Open Center as a Certified Bodywork Teacher and primary supervisor. Through her practice, Inner Journey Arts, Anais offers numerous classes in personal essay and has had her work published as creative non-fiction. Over the years, Anais also developed several creative writing courses including Nature Writing, Leaving a Legacy and Memoir: The Surprise Story of Your Life. She has facilitated numerous classes at various venues including battered women's shelters, rape crisis centers, breast cancer support organizations, continuing education for adults, and private classes through her healing practice. Previously, with a Master's degree in English Literature and Certification in Secondary Education, Anais taught high school for a number of years and was the 2004 recipient of the Teacher of Adults Award for the Creation and Appreciation of Literature. Before embracing the Rosen Method Bodywork and Movement, Anais became a licensed Massage Therapist, beginning a private practice in 1981. Anais offers healing methods that freed her from the symptoms of PTSD and transformed her life to one filled with joy and fulfillment.